

May 11, 2020

Mission Fitness Member,

The Mission Fitness team and I are excited to announce that Mission Fitness will re-open on Monday, May 18th with some accommodations for the ongoing COVID-19 pandemic. The health and wellness of our members and staff has always been our top priority and will only be enhanced as we navigate a “return to normal.” During the time that Mission Fitness has been closed, we have cleaned and sanitized all equipment surfaces and member touch points, locker rooms, pools and pool decks, group exercise studios and our childcare facilities. In the next week we will have all carpets, tile areas and the pool decks shampooed and sanitized as well in preparation for your return to the facility.

Since Mission Fitness closed effective March 17th and will re-open May 18th, the half month dues credit from March will apply to the remainder of May. Normal billing will resume on June 1st. Special accommodations are available for those who may be at risk by returning at this time. Please call the front desk at 640-6400 to discuss your options.

The following are the steps that we will be taking, under the direction of Governor Abbott’s office and the Texas Department of State Health Services.

Employees:

- Training sessions will be conducted in new equipment cleaning, sanitizing and disinfecting protocols.
- Any employee showing signs of illness will be sent home immediately and not allowed to return until cleared by a physician.
- Required to “gel in” with hand sanitizer or wash their hands upon entering the facility.
- Trained in proper hand hygiene, cough/sneeze etiquette, cleanliness, sanitation and how to properly wear face coverings if they so choose.

Facility Accommodations:

- Equipment will be properly wiped down after each member usage.
- Additional gym wipe stations have been added as well as disinfecting spray and cloth towels for sanitizing equipment.
- Additional hand sanitizer stations added for member usage.
- Staff will wipe down frequently touched surfaces such as free weight handles, cable accessories, equipment control panels and other high touch areas.

- Marks will be placed on the floors of the group exercise studios to ensure safe distancing between members and class times will be reduced slightly to allow equipment cleaning prior to the next class.
- Signage will be placed throughout the facility reminding everyone of safe hygienic practices.
- Locker rooms will only be open for the restroom facilities. Showers and steam rooms **will not** be available per the Texas Department of State Health Services.

Members:

- Social distancing should be practiced if at all possible. Maintain at least 6 feet of separation from other individuals not within the same household. If not possible, other measures such as face covering, hand hygiene, cough/sneeze etiquette, cleanliness and sanitation should be rigorously practiced.
- Please disinfect equipment prior to and after usage.
- Utilize the hand sanitation stations upon entering the facility or wash hands with soap and water.
- Workout gloves that cover your hands from the wrist to the fingertips is encouraged.
- Face coverings that cover the mouth and nose are encouraged. If not possible, please practice proper social distancing.
- Outside of your own yoga mats for yoga classes, we will ask that members not bring their own equipment to the facility.
- Individuals age 65 and older, or those with a compromised immune system are at a greater risk of contracting the virus. Safe distancing is essential for this group.
- Self-screen before coming to the facility for any of the following new or worsening signs or symptoms of possible COVID-19:
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills
 - Repeated shaking with chills
 - Headache
 - Sore throat
 - Loss of taste or smell
 - Diarrhea
 - Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit.
 - Known close contact with a person who is lab confirmed to have COVID-19.

The adherence to the above guidelines should ensure a safe re-opening for everyone. We ask for your cooperation as we navigate through this ever changing time and encourage you to join us in ensuring that Mission Fitness remains clean and safe for all members.

Sincerely,

John Douthitt

General Manager, Mission Fitness